



Financial Concierge

Self-Managed Care

What is Self Managed Care?

- Self managed care is an alternative option for receiving Home Care (help with activities of daily living such as dressing, bathing, toileting, transferring, feeding or taking your medications).
- You are provided with the financial resources to directly arrange and pay for personal and home care services.

How do I access it?

- Seniors already receiving Home Care through Alberta Health Services just need to ask their Case Managers to be transferred to Self-Managed Care.
- Seniors not currently receiving Home Care and needing Home Care, can self refer or have a third party provider refer them to Home Care through the intake line: (403) 943-1920
- Seniors unsure it's the best way to go can inquire through the intake line (403) 943-1920 about Self-Managed Care and attend an information session.

Why bother?

- You have greater say over who provides the care and when.
- You will have the same care provider each visit and at the time that suits your schedule.

Do I really need to hire staff myself?

- No – you don't need to become an employer and hire staff. There are many services in Calgary that provide Home Care Services. You contact them and arrange for their employees to provide service.

Is the paperwork holding you back from applying?

- Jill Chambers, with Financial Concierge Inc. is happy to help you to complete any application forms.
- She can also assist you with management of the receipts and any reporting required.
- Don't let paperwork keep you from exploring options for Home Care service delivery.

Contact Jill Chambers, BN CFP

By phone
By email
Via the website

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